



P.O. Box 230363 | Tigard, Oregon 97281

WASH & CARE INSTRUCTIONS FOR INTEGRATED PANTS & JERSEYS

COLD WATER WASH

1. COLD WATER WASH, please. And wash them separately from other garments. Keep whites and colors apart.
2. DO NOT DRY CLEAN OR PRESS garments. This will discolor the fabric.
3. Do not allow perspiration soaked or muddy garments to lay in a pile or rest on top of each other for any period of time. Launder them immediately if they really, really need it. However, it is not necessary to launder after every wearing. Simply hang them on a plastic or wooden hanger until the next day of practice. **DO NOT OVER-WASH pants.**
4. DO NOT remove the belt or pads. FASTEN HOOK & LOOP belts before washing so they don't bounce around in the washer.
5. **DO NOT use chlorine bleach. DO NOT use fabric softeners. DO NOT soak the pants.** Softeners deteriorate garments with spandex. They also restrict the effectiveness of Dri-Fit technology and act as a magnet to dirt.
6. Use MILD powdered detergent. Detergents with pH under 10 are recommended for athletic uniforms. Powdered detergents are recommended for athletic colors. DO NOT overload machine when washing.
7. **REMOVE garments from the machine immediately after washing.** This will help avoid color bleeding, particularly on color blocked garments.

AIR DRY

8. Allow the pants and game jersey to AIR DRY. If you must dry them, do so on the LOWEST setting. Line Drying is recommended, particularly with these garments.
9. Be sure these garments are completely dry before storing. Store in cool, dry place, away from direct sunlight and fluorescent light to prevent mildew or yellowing.

ONCE again, COLD WASH and AIR DRYING are the best way to launder these items so that they stay looking new!